Zone Scenario #1- "Get Up, Get up and Get down"

ROTATION #	TEAM #
------------	--------

NO.	POINTS	DONE	SCENE/PRIMARY SURVEY	
1	10		Did the team TAKE CHARGE of the situation?	
2	10		Did the team wear protective GLOVES?	
3	10		Did the team ASSESS for HAZARDS?	
4	10		Did the team REMOVE HAZARDS/ Upight wheelchair?	
5	10		Did the team CALL OUT FOR HELP?	
6	10		Did the team ASK for SITUATION HISTORY?	
7	10		Did the team DETERMINE the NUMBER OF CASUALTIES?	
8	10		Did the team ID SELF and OBTAIN CONSENT?	
9	10		Did the team ASSESS LEVEL OF CONSCIOUSNESS?	
10	10		Did the team ASSESS AIRWAY?	Open
11	10		Did the team ASSESS BREATHING?	24 Shallow & Regular
12	10		Did the team ASSESS SKIN CONDITION (Circulation)	Pink, Warm/ Dry
13	10		Did the team PERFORM A RAPID BODY SURVEY?	No Findings
14	10		Did the team IMMEDIATELY COVER WITH A BLANKET for	shock and warmth?
15	10		Did the team ACTIVATE EMS/AMBULANCE?	
	150	0	Total of SCENE/PRIMARY SURVEY	

JUDGES NOTE:

This section is active for the first 3 minutes of the scenario only! During these first 3 minutes, the competitor may perform the actions that are both listed here and in the Secondary Survey. After the 3 minutes, the competitor is eligible to receive marks only in the Secondary Survey and no marks may be awarded in this Primary Survey.

Actions in this section may be done in any order.

Zone Scenario #1- "Get Up, Get up and Get down"

SECONDARY SURVEY

Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey. After the 3 first minutes, this is the only section that points shall be awarded to.

Actions in this section may be done in any order.

NO.	POINTS	DONE	HISTORY OF THE PATI	ENT
17	10		Did the team ask about SYMPTOMS	Pain Bil. Knee ++ in Lt
18	10		Did the team ask about ALLERGIES?	"Antibiotics"
			Did the team ask about MEDICATIONS?	"Only what Dr. Gave me"
19	10			(Unable to elaborate further)
20	10		Did the team ask about MEDICAL HISTORY?	Mobility issues/ polio
21	10		Did the team ask about LAST ORAL INTAKE?	About 3 hrs ago
22	10		Did the team determine INCIDENT HISTORY?	wheelchair tipped/fell
			1st Set of VITAL SIGNS	
23	10		Did the team check LEVEL OF CONSCIOUSNESS?	Conscious
24	10		Did the team check RESPIRATIONS?	24 shallow & regular
25	10		Did the team check PULSE?	86 strong & regular
26	10		Did the team check SKIN CONDITION/TEMP?	Pink, Warm, Dry
27	10		Did the team check PUPILS?	Equal/Reactive
			HEAD TO TOE EXAMINATION	
29	5		Check SCALP/HEAD?	No Findings
30	5		Check both EYES?	No Findings
31	5		Check NOSE?	No Findings
32	5		Check CHEEKBONES?	No Findings
33	5		Check MOUTH?	No Findings
34	5		Check JAW?	No Findings
35	5		Check both EARS?	No Findings
36	5		Check NECK?	No Findings
37	5		Check both COLLARBONES?	No Findings
38	5		Check both SHOULDERS?	No Findings
39	5		Check RIGHT ARM?	No Findings
40	5		Check LEFT ARM?	No Findings
41	5		Check CHEST?	No Findings
42	5		Check ABDOMEN?	No Findings
43	5		Check BACK?	No Findings
44	5		Check PELVIS?	No Findings
45	5		Check RIGHT LEG?	Knee Bruise/ Pain
46	5		Check LEFT LEG?	Knee dislocation/pain
	200	0	Total of SECONDARY SURVEY	

Zone Scenario #1- "Get Up, Get up and Get down"

FIRST AID / TREATMENT

Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey. After the 3 first minutes, this is the only section that points shall be awarded to.

Actions in this section may be done in any order.

NO.	POINTS	DONE	RIGHT KNEE PAIN/ BRUISE		
47	10		Did the team FULLY EXPOSE INJURY?		
48	20		Did the team CHECK CIRCULATION PRIOR TO CARE?		
49	20		Did the team PLACE PADDING UNDER THE BENT KNEE		
50	20		Did the team EFECTIVELY IMMOBILIZE THE RIGHT KNEE?		
51	20		Did the team RE-CHECK CIRCULATION POST CARE?		
52	10		Did the team Place ICE/COLD PACK ON RIGHT KNEE?		
			LEFT KNEE DISLOCATION		
53	10		Did the team FULLY EXPOSE INJURY?		
54	20		Did the team CHECK CIRCULATION PRIOR TO CARE?		
55	20		Did the team PLACE PADDING UNDER THE BENT KNEE		
56	20		Did the team EFECTIVELY IMMOBILIZE THE RIGHT KNEE?		
57	20		Did the team RE-CHECK CIRCULATION POST CARE?		
58	10		Did the team Place ICE/COLD PACK ON RIGHT KNEE?	Did the team Place ICE/COLD PACK ON RIGHT KNEE?	
59	10		Did the team USE CAUTION to NOT MOVE DISOCLATION?		
			SHOCK & GENERAL CARE		
60	10		Did the team REASSURE the Casualty about their OW	N CARE?	
61	10		Did the team REASSURE the Casualty about their FRIE	NDS CARE?	
62	10		Did the team RE-check LEVEL OF CONSCIOUSNESS?	Conscious	
63	10		Did the team RE-check RESPIRATIONS?	22 Shallow & Regular	
64	10		Did the team RE-check PULSE?	74 Strong & Regular	
65	10		Did the team RE-check SKIN CONDITION/TEMP?	Pink, Warm, Dry	
66	10		Did the team RE-check PUPILS?	Equal/Reactive	
67	20		Did the team PROTECT THE CASUALTIES BELONGINGS?		
68	30		Were GLOVES EFFECTIVE THROUGHOUT? (Torn gloves M	UST be replaced!)	
	330	0	Total of FIRST AID/TREATMENT		
	330	U	TOTAL OF FIRST AID/ TREATMENT		

Zone Scenario #1- "Get Up, Get up and Get down"

NO.	POINTS	DONE	RECORDING/ DOCUMENTATION
70	20		Was ALL of the Casualty's PERSONAL INFORMATION recorded?
71	10		Was the INCIDENT TIME AND DATE recorded?
72	10		Was the INCIDENT LOCATION recorded?
73	20		Was the INCIDENT HISTORY (Accurately) recorded?
74	10		Were the Casualty's ALLERGIES recorded?
75	10		Were the Casualty's MEDICATIONS recorded?
76	10		Was the Casualty's MEDICAL HISTORY recorded?
77	10		Was the LAST ORAL INTAKE recorded?
78	10		Was the suspected RIGHT KNEE INJURY recorded?
79	10		Was the suspected LEFT KNEE DISLOCATION recorded?
		Vital Sig	ns MUST HAVE the TIME recorded as well, to be awarded points !!!
80	5		Was 1st set of vital signs - LEVEL OF CONSCIOUSNESS recorded?
81	5		Was 1st set of vital signs - RESPIRATIONS recorded?
82	5		Was 1st set of vital signs - PULSE recorded?
83	5		Was 1st set of vital signs - SKIN CONDITION recorded?
84	5		Was 1st set of vital signs - PUPILS recorded?
85	5		Was 2nd set of vital signs - LEVEL OF CONSCIOUSNESS recorded?
86	5		Was 2nd set of vital signs - RESPIRATIONS recorded?
87	5		Was 2nd set of vital signs - PULSE recorded?
88	5		Was 2nd set of vital signs - SKIN CONDITION recorded?
89	5		Was 2nd set of vital signs - PUPILS recorded?
90	10		Was the CARE RIGHT LEG INJURY recorded?
91	10		Was the DISTAL CIRCULATION for RIGHT LEG recorded?
92	10		Was the CARE for LEFT LEG INJURY recorded?
93	10		Was the NOTIFICATION OF EMS WITH TIME recorded?
94	30		Was the NAME(S) of the first aid team LEGIBLY recorded?
	240	0	Total of RECORDING/ DOCUMENTATION

Zone Scenario #1- "Get Up, Get up and Get down"

ROTATION #	TEAM #

NO.	POINTS	DONE	SCENE/PRIMARY SURVEY	
150	10		Did the team TAKE CHARGE of the situation?	
151	10		Did the team wear protective GLOVES?	
152	10		Did the team ASSESS for HAZARDS?	
153	10		Did the team REMOVE HAZARDS/ Upight wheelchair?	
154	10		Did the team CALL OUT FOR HELP?	
155	10		Did the team ASK for SITUATION HISTORY?	
156	10		Did the team DETERMINE the NUMBER OF CASUALTIES?	?
157	10		Did the team ID SELF and OBTAIN CONSENT?	
158	10		Did the team ASSESS LEVEL OF CONSCIOUSNESS?	
159	10		Did the team ASSESS AIRWAY?	Open
160	10		Did the team ASSESS BREATHING?	12 Shallow & Regular
161	10		Did the team ASSESS SKIN CONDITION (Circulation)	Pink, Warm/ Dry
162	10		Did the team PERFORM A RAPID BODY SURVEY?	No Findings
163	10		Did the team IMMEDIATELY COVER WITH A BLANKET fo	r shock and warmth?
164	10		Did the team ACTIVATE EMS/AMBULANCE?	
	150	0	Total of SCENE/PRIMARY SURVEY	

JUDGES NOTE:

This section is active for the first 3 minutes of the scenario only! During these first 3 minutes, the competitor may perform the actions that are both listed here and in the Secondary Survey. After the 3 minutes, the competitor is eligible to receive marks only in the Secondary Survey and no marks may be awarded in this Primary Survey.

Actions in this section may be done in any order.

Zone Scenario #1- "Get Up, Get up and Get down"

SECONDARY SURVEY

Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey. After the 3 first minutes, this is the only section that points shall be awarded to.

Actions in this section may be done in any order.

NO.	POINTS	DONE	HISTORY OF THE PATIE	NT
166	10		Did the team ask about SYMPTOMS	Moderate Mid Back pain
167	10		Did the team ask about ALLERGIES?	None
168	10		Did the team ask about MEDICATIONS?	None
169	10		Did the team ask about MEDICAL HISTORY?	Prior Back strain & Slip disc
170	10		Did the team ask about LAST ORAL INTAKE?	About 3 Hours ago
171	10		Did the team determine INCIDENT HISTORY?	Helped Friend up = Strain
			1st Set of VITAL SIGNS	
172	10		Did the team check LEVEL OF CONSCIOUSNESS?	Conscious
173	10		Did the team check RESPIRATIONS?	12 Shallow & Regular
174	10		Did the team check PULSE?	66 Regular & Full
175	10		Did the team check SKIN CONDITION/TEMP?	Pink, Warm, Dry
176	10		Did the team check PUPILS?	Equal/Reactive
			HEAD TO TOE EXAMINATION	
178	5		Check SCALP/HEAD?	No Findings
179	5		Check both EYES?	No Findings
180	5		Check NOSE?	No Findings
181	5		Check CHEEKBONES?	No Findings
182	5		Check MOUTH?	No Findings
183	5		Check JAW?	No Findings
184	5		Check both EARS?	No Findings
185	5		Check NECK?	No Findings
186	5		Check both COLLARBONES?	No Findings
187	5		Check both SHOULDERS?	No Findings
188	5		Check RIGHT ARM?	No Findings
189	5		Check LEFT ARM?	No Findings
190	5		Check CHEST?	No Findings
191	5		Check ABDOMEN?	No Findings
192	5		Check BACK?	Mid Back Pain 6/10
193	5		Check PELVIS?	No Findings
194	5		Check RIGHT LEG?	Tingling in feet
195	5		Check LEFT LEG?	Tingling in feet
	200	0	Total of SECONDARY SURVEY	

Zone Scenario #1- "Get Up, Get up and Get down"

FIRST AID / TREATMENT

Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey. After the 3 first minutes, this is the only section that points shall be awarded to.

Actions in this section may be done in any order.

196 197	20			
197			Did the team EXPOSE the BACK to ASSESS	
	20		Did the team AVOID UNNECESSARY MOVEMENT and INCREASE	PAIN?
			SHOCK & GENERAL CARE	
198	10		Did the team OFFER/ PROVIDE a PADDING/SUPPORT UNDER the	e HEAD?
199	10		Did the team PROVIDE PADDING/ SUPPORT UNDER THE Raised	KNEES?
200	10		Did the team LOOSEN TIGHT CLOTHING appropriately?	
201	10		Did the team COVER the patient with a BLANKET?	
202	10		Did the team GIVE NOTHING BY MOUTH - Despite repeated request for water?	
203	20		Did the team REASSURE the casualty about their OWN CARE?	
204	10		Did the team REASSURE the casualty about their FRIENDS (CARE?
205	10		Did the team RE-check LEVEL OF CONSCIOUSNESS?	Conscious
206	10		Did the team RE-check RESPIRATIONS?	16 regular & full
207	10		Did the team RE-check PULSE?	90 Regular & full
208	10		Did the team RE-check SKIN CONDITION/TEMP?	Pink, Warm, Dry
209	10		Did the team RE-check PUPILS?	Equal/Reactive
210	30		Were GLOVES EFFECTIVE THROUGHOUT? (Torn gloves MUST be	e replaced!)
	200	0	Total of FIRST AID/TREATMENT	

Zone Scenario #1- "Get Up, Get up and Get down"

NO.	POINTS	DONE	RECORDING/ DOCUMENTATION
212	20		Was ALL of the casualty's PERSONAL INFORMATION recorded?
213	10		Was the INCIDENT TIME AND DATE recorded?
214	10		Was the INCIDENT LOCATION recorded?
215	20		Was the INCIDENT HISTORY (Accurately) recorded?
216	10		Was the casualty's ALLERGIES recorded?
217	10		Was the casualty's MEDICATIONS recorded?
218	10		Was the casualty's MEDICAL HISTORY recorded?
219	10		Was the LAST ORAL INTAKE recorded?
220	10		Was the SUSPECTED BACK STRAIN recorded?
221	10		Was the POSITION OF THE CASAULTY (fetal position) recorded?
222	10		Was the INCREASE IN PAIN LEVEL with MOVEMENT recorded?
		Vital Sigr	ns MUST HAVE the TIME recorded as well, to be awarded points !!!
223	5		Was 1st set of vital signs - LEVEL OF CONSCIOUSNESS recorded?
224	5		Was 1st set of vital signs - RESPIRATIONS recorded?
225	5		Was 1st set of vital signs - PULSE recorded?
226	5		Was 1st set of vital signs - SKIN CONDITION recorded?
227	5		Was 1st set of vital signs - PUPILS recorded?
228	5		Was 2nd set of vital signs - LEVEL OF CONSCIOUSNESS recorded?
229	5		Was 2nd set of vital signs - RESPIRATIONS recorded?
230	5		Was 2nd set of vital signs - PULSE recorded?
231	5		Was 2nd set of vital signs - SKIN CONDITION recorded?
232	5		Was 2nd set of vital signs - PUPILS recorded?
233	10		Was the GENERAL CARE of the PATIENT recorded?
234	10		Was the NOTIFICATION OF EMS WITH TIME recorded?
235	30		Was the NAME(S) of the first aid team LEGIBLY recorded?
	230	0	Total of RECORDING/ DOCUMENTATION

Zone Scenario #1- "Get Up, Get up and Get down"

ROTATION # TEA	M #
----------------	-----

SCENARIO SCORE TOTALS:

	CASAULTY # 1 - "Knee Pain"	CASAULTY #2-"Back Strain"
SCENE/PRIMARY SURVEY	0	0
SECONDARY SURVEY	0	0
FIRST AID/ TREATMENT	0	0
RECORDING/DOCUMENTATION	0	0
PATIENT TOTAL	0	0
		/ 4700

SCENARIO TOTAL 0 / 1700